

# What is going on?

Activities Description	Venue, Date Time	Time Frame	Contact Details
Basic Computer Skills Training	Cabramatta Community Centre, Every Thursday, 10-11am	7th May - 9th July 2009	Thin 0287862581
Introduction to Childcare Course	Cabramatta Public School Every Friday, 9:30 - 3pm	20th Feb - 10th July 2009	Thin 0287862581
WELL class	Cabramatta ACL Every Wednesday 9:30-12:30	13th Feb-10th July 2009	Thin 0287862581
Parenting Support Group	Cabramatta Uniting Burnside Every Friday 10:00-12:00	Up to July	Thin or Mony 028786 2581
Parenting Support Group	Cabramatta Immigrant Women 's Health Service, Every Tuesday 10:00-12:00	Up to July	Thin or Mony 028786 2581
Cambodian Elderly Day Care Group	Anglicare at Cabramatta Every Wednesday 9:30 - 2pm	On going	Sophea 02 8786 2581
Khmer Aqua Arobic Group	Cabra Vale Leisure Centre Every Thursday, 11:00-12:00	10 weeks Start 2/04/09	Ravy 87174004 Thin 87862581
Australian Citizenship Training	Cabramatta Community Centre Every Monday 10:00-12:00	On going	Ravy 8717 4004



*Newsletter of Cambodian-Australian Welfare Council of NSW Inc*

**Vol 01 15th May 2009**  
by Thin Em

This is our first newsletter ever to be developed and CAWC is committed to having it updated every two months.

Our aim is to promote CAWC's services and its project activities in the local area and also to share information, news and upcoming events.

## Free DV Workshop for Community Workers

This is an opportunity for community workers who are interested in learning more about domestic violence, and hearing information regarding strategies and best practice in dealing with domestic violence and related issues.

Guest speakers from DIAC and the NSW Police Force will also provide information on their roles, legislative requirements in addressing domestic violence and services available for victims of domestic violence.

**Venue:** Fairfield Community Health Centre, 53-65 Mitchell Street, Carramar

**Date:** Friday 29th May 2009

**Time:** From 9.00am to 4.00pm

**Lunch will be provided**

**Booking is essential**  
please RSVP by 27<sup>th</sup> May 2009

**For more information, please contact:**

**Ky Chea on 02 8786 2581**  
**or Sam on 9727 0477**

## Congratulations to Dany Ya

CAWC has a new young and vibrant president, her name is Dany Ya. She was elected as the new president of Cambodian Australian Welfare Council of NSW in November 2008.

Dany has been involved with the CAWC Board of Directors since the year 2000 and her first role was as the Assistant Director of Human Resources. She then moved into the role of Director of Public Relations and Fundraising and until last year took on the challenging portfolio of the Director of Youth Affairs

In addition to her involvement with CAWC, Dany works in the community sector in her full-time role as a Community Projects Officer with the Liverpool Migrant Resource Centre.

Dany is committed to oversee the management of CAWC and she will use her skills and experience to manage CAWC in the next two years or so.

**CAWC** has received a \$55,000 grant from Department of Health and Ageing to

run the Cambodian Community Dementia Awareness Project. CAWC has also advertised the position through Pathway Australia, Cambodian network, Fairfield Migrant Interagency and other relevant networks.

The successful person will work in partnership with Fairfield Multicultural Health Service (FMCHS), SSWAHS Area Ethnic Aged Health Service and the Dementia Association to raise awareness in the Cambodian community of dementia through appropriate community educational activities and health promotion programs.

## Current Projects

Currently CAWC is managing five projects including Youth and Families Capacity Building, Settlement Grants Program, Parents Support Program, Cambodian Age Care and a brand new project Dementia.

### *Youth and Families Capacity Building Project*

This project is funded by the Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA) to help Cambodian young people and young families from Cambodia (aged between 15-35 years) in Fairfield, Liverpool, and Campbelltown LGAs who lack access to:

- Education and training
- Recreational activities
- Employment

#### How can the project help me?

1. Discuss your needs and assist you in addressing these needs
2. Assist you in enrolling in TAFE and other education/training courses.
3. Assist you in obtaining access to training, education and other services that could help you get a job.
4. Inform you about appropriate local services.
5. Build your capacity in areas such as parenting skills, relationship skills, problem solving skills, and communication skills.
6. Assist you in getting involved in community life through volunteering, leadership training and mentoring of young people.

**Contact:**  
**Mr. Thin Em**  
**Tel: (02) 8786 2581**

### Settlement Grants Program

The SGP worker is a resource person involved in community development who can assist Cambodian and mainstream organisations. The worker aims to:

- Liaise with professional workers and service providers on the needs of recently arrived Cambodian migrants, refugees and humanitarian entrants, and means of providing them with equitable access to services
- facilitate and improve communication between existing and emerging Cambodian organisations and workers by assisting in the establishment of appropriate organisational infrastructures and enhancing workers and management committee members skills.

**Contact:**  
**Ky Chea**

### Parents Support Program

This is a great opportunity for parents and children to learn and share new ideas in a relaxing environment.

We provide:

- \* Activities to assist children's development
- \* Activities and play time for children
- \* Health and child development information and discussion
- \* Information on local services and mainstream service provider

**Contact Chea Tep Mony on 8786-2582**

## Cambodian Aged Care Project

This project is funded by the Department of Health and Ageing under the Community Partners Program to promote and facilitate increased and sustained access by the Cambodian community with significant aged care needs to support services.

#### Target Group

- \* Older people of Cambodian backgrounds who would like to access aged care services.
- \* Aged care service providers who would like to provide culturally appropriate care to Cambodian older people.

#### Services

- \* Create awareness of aged care services to Cambodian community
- \* Facilitate information to mainstream aged care services regarding Cambodian culture and older people's needs
- \* Link with appropriate age care services and support the needs of Cambodian elderly people
- \* Resource and support other multicultural services in providing culturally appropriate services for Cambodian elderly people.

#### Contact:

**Mira Chau or Sophea Seng**  
**Tel: 02 8786 2581**

## Khmer Workers Forum

### KWF

*is opened to all stakeholders who have an interest in Cambodian issues and/or are providing services to Cambodian people. KWF consists of workers from government and non-government organisations who come to meet monthly to discuss issues concerning the Cambodian community. The purpose of the KWF is to provide opportunity for participants to:*

1. share any identified community issues
2. develop solutions to address identified issues
3. engage productive partnerships and networking
4. advocate for better community outcomes
5. develop realistic strategies to address gaps in service delivery
6. increase knowledge and build capacity through information sharing and professional development.

**Meeting frequency: Second Friday of the month**

**Time: 2:00 – 4.30pm**

**Venue: CAWC's office,**

**211 Humphries Rd, Bonnyrigg**

**Contact: Ky on 02 8786 2581**